



Fly the Welsh Peaks Challenge

Llanfairfechan

Bangor

The Carneddau

Feol-fras

Carnedd Gwenllian

Foel Grach

Yr Elen

Carnedd Llewelyn

Carnedd Dafydd

Pen yr Ole Wen

Elidir Fawr

Llanberis

Y Garn

Tryfan

Capel Curig

Glyder Fach

The Glyderau

Glyder Fawr

Pen-y-Pass

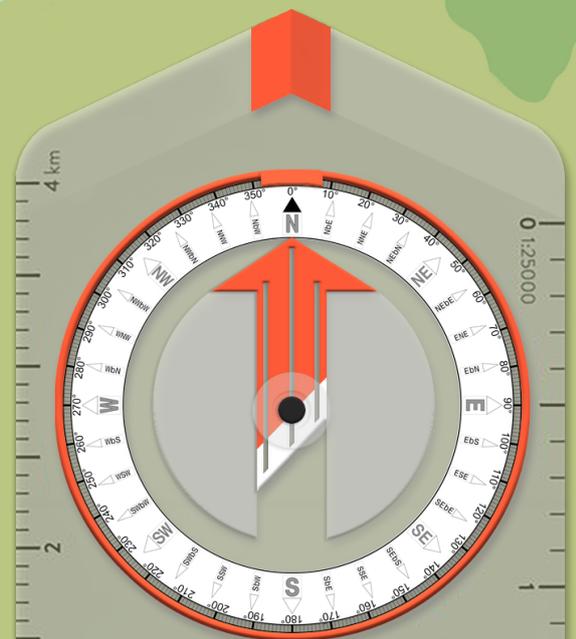
The Snowdon Massif

Crib Goch
Garnedd Ugain
Snowdon

Don't be part of the crowd. Be different!

Snowdon is the most well known Mountain in the park, but it can get very busy with 500,000 visitors reaching the summit every year. We have many mountains with fabulous views and trails just waiting to be explored.

Beddgelert



The Welsh 3000's Peaks Challenge

In order to complete the Welsh 3000s Peaks Challenge, competitors must reach the top of all 15 mountains over 3000ft in Wales within the space of 24 hours, without using any form of transport. The distance is about 30 miles over demanding terrain and the challenge is only suitable for very fit, experienced mountain walkers and runners.

We have created the ParadropVR Peaks Challenge to let you experience these magnificent mountains from a unique perspective.



The Snowdon Massif occupies the area between Llanberis, Pen-y-Pass and Beddgelert and is one of the three mountain ranges in Snowdonia National Park that has mountains over 3,000 feet (914m) high. The most famous is Snowdon, the highest mountain in England and Wales. In old English, Snowdon translates as 'Snow Hill', but the Welsh Name, Yr Wyddfa, is way more interesting: meaning 'The Tumulus', legends say that after a battle with King Arthur, the defeated giant Rhita Gawr was buried under a tumulus of stone at the mountain top.

1	Crib Goch	3028ft	923m
2	Garnedd Ugain	3494ft	1065m
3	Snowdon	3559ft	1085m

Garnedd Ugain is the second highest peak in Wales and its name translates as 'Cairn of the Twenty', which is thought to relate to the Roman Legions based in Caernarfon.

The Glyderau (commonly called the **Glyders**) takes its name from its two highest peaks - Glyder Fawr meaning 'Big heap of stones', and Glyder Fach meaning 'Little heap of stones'. The Glyders has five peaks standing at over 3000ft in height, including Tryfan, which is considered one of the finest mountains in Wales and one of few in Britain that require scrambling, rather than walking, to reach the summit.

4	Elidir Fawr	3031ft	924m
5	Y Garn	3106ft	947m
6	Glyder Fawr	3284ft	1001m
7	Glyder Fach	3261ft	994m
8	Tryfan	3011ft	918m

Dinorwig Power Station, a hydroelectric pump-storage scheme, is located in a man-made cavern within Elidir Fawr, giving it the nickname 'Electric Mountain' or 'Mynydd Gwefru'.

The Carneddau (meaning 'The Cairns') is the largest continuous area of high ground in England and Wales and is also home to rare Montane Heath - a selection of fragile plant habitats and species that are highly susceptible and often the first to respond to the effects of environmental change. Footpaths in these areas are carefully defined and monitored to avoid damage to this fragile and valuable habitat.

9	Pen yr Ole Wen	3208ft	978m
10	Carnedd Dafydd	3425ft	1044m
11	Carnedd Llewelyn	3490ft	1064m
12	Yr Elen	3156ft	962m
13	Foel Grach	3202ft	976m
14	Carnedd Gwenllian	3038ft	926m
15	Foel-fras	3090ft	942m

- 9 peaks over 600m (2000ft) in height.
- 7 of these are over 914m (3000 ft.)
- Carnedd Llewelyn is the 3rd highest mountain in Snowdonia.

- The record for the Welsh 3000's Peaks Challenge is an astonishing 4hrs 20minutes
- Snowdonia National Park is known as Eryri (Eh-ruh-ree) in Welsh, meaning 'to rise'
- The park covers 823 square miles (2,130 km²) and has 9 mountain ranges
- Mountains are defined as peaks higher than 2000ft (610m) - there's 136 in Snowdonia
- The park has over 250 lakes, more than 600 castles and 23 miles of coastline
- Designated an International Dark Sky Reserve, it is an amazing place for stargazing